

RESOURCES FOR THE JOURNEY

Books:

- *Surrender to Love* by David G. Benner (this is the first of a trilogy)
- *A Simple Life-Changing Prayer* by Jim Manney (a great book on the Examen prayer, very practical, which helps us to learn "to find God in all things")
- *Creating a life with God* by Daniel Wolpert (it is followed by "Leading a life with God")
- *Jesus our Spiritual Director: A Pilgrimage through the Gospels* by Wendy J. Miller (This is a book to be used in a group setting, but not exclusively)
- *Contemplative vision: A guide to Christian Art and Prayer* by Juliet Benner
- *Coming Home* by Richard Foster
- *Refresh* by David and Shona Murray
- *Reset* by David Murray
- *Resilience in Life and Faith* by Debbie Hawker and Tony Horsfall
- *Running Scared: Fear, Worry and the God of Rest* by Edward Welch
- *Solo: Creating Space with God* by Stephen W. Smith and Peter M. Ivey
- *Soul Keeping* by John Ortberg
- *The Art of Daily Resilience* by Debbie Duncan
- *Wilderness Time* by Emilie Griffin

Podcasts:

- Potter's Inn - www.pottersinn.com
- Sacred Ordinary Days - www.sacredordinarydays.com
- The Cultivating Project - www.thecultivatingproject.com
- Daily Lectio Divina from Sharon Garlough Brown - www.abidingway.life/lectio-podcast

Websites:

- www.renovare.org
- www.conversatio.org

Apps:

- Reimagining the Ignatian Examen
- Conversatio

PRAXIS